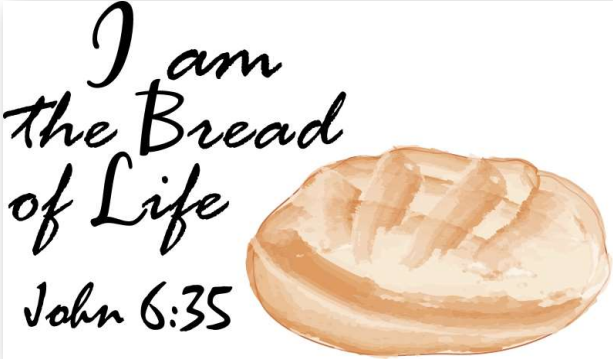


Daily Quiet Time 2016

Week 1	1-Jan Psalm 63:1-8 2-Jan 1 Peter 4:12-19 3-Jan 1 Samuel 1:1-18	Week 2	4-Jan Matthew 22:34-40 5-Jan Isaiah 31:1-5 6-Jan John 4:7-26 7-Jan Matthew 2:1-12 8-Jan 1 John 1 9-Jan Psalm 121 10-Jan Genesis 12:1-9	Week 17	18-Apr 2 Samuel 12:1-23 19-Apr Judges 7:24-8:3 20-Apr Malachi 4:4-6 21-Apr John 14:1-10 22-Apr Hebrews 5:12-6:2 23-Apr Philippians 1:19-26 24-Apr Luke 19:1-10	Week 18	25-Apr Isaiah 5:1-9 26-Apr Proverbs 9:1-11 27-Apr John 12:1-8 28-Apr John 13:21-30 29-Apr Matthew 27:46-50 30-Apr Luke 24:1-12 1-May Mark 16:2-11	Week 27	27-Jun Luke 15:1-10 28-Jun Matthew 16:13-20 29-Jun Colossians 3:12-17 30-Jun 1 Peter 2:1-5 1-Jul 1 Corinth 1:17-25 2-Jul John 15:9-17 3-Jul Galatians 6:6-10	Week 28	4-Jul Psalm 55:1-8 5-Jul Genesis 2:18-25 6-Jul 1 Thessalon 2:4-12 7-Jul Numbers 13:25-14:9 8-Jul Philippians 1:12-18 9-Jul Luke 10:1-20 10-Jul Philemon 1:1-9
Week 3	11-Jan Romans 8:28-39 12-Jan Luke 2:21-39 13-Jan Philemon 1:4-16 14-Jan Proverbs 22:1-6 15-Jan Psalm 119:105-112 16-Jan Jeremiah 31:31-34 17-Jan John 1:18-34	Week 4	18-Jan Deutoron 10:12-17 19-Jan John 2:1-11 20-Jan James 2:1-9 21-Jan Exodus 14:26-15:2 22-Jan Acts 17:16-31 23-Jan Revelation 21:1-4 24-Jan Ephesians 2:1-10	Week 19	2-May Psalm 118:24-27 3-May Proverbs 6:6-11 4-May 1 Corinthians 13 5-May Psalm 51:1-13 6-May John 1:9-14 7-May John 1:35-46 8-May Matthew 18:21-35	Week 20	9-May John 20:19-31 10-May 1 Corinth 12:14-26 11-May Psalm 130 12-May 1 John 3:10-18 13-May Psalm 73 14-May Deutoron 19:16-21 15-May 2 Corinth 4:16-5:8	Week 29	11-Jul 2 Corinth 5:12-21 12-Jul Jeremiah 5:21-31 13-Jul Ephesians 4:17-32 14-Jul Exodus 26:1-11 15-Jul Psalm 123 16-Jul Genesis 20:1-13 17-Jul Romans 12:9-21	Week 30	18-Jul 1 Corinth 15:51-57 19-Jul John 9:13-25 20-Jul Psalm 33:13-22 21-Jul 1 Peter 4:7-11 22-Jul Ecclesiastes 2:1-11 23-Jul Psalm 30:1-5 24-Jul Deutoron 10:12-22
Week 5	25-Jan Matthew 5:38-48 26-Jan Acts 16:23-34 27-Jan 1 Kings 10:23, 11:18-21 28-Jan Deutoronomy 11:18-21 29-Jan Matthew 7:13-23 30-Jan Jeremiah 17:5-11 31-Jan Psalm 55:1-8	Week 6	1-Feb Acts 6:8-15, 7:54-60 2-Feb 1 Corinthians 6:12-20 3-Feb 1 Matthew 7:24-27 4-Feb Colossians 3:8-17 5-Feb 2 Kings 6:8-17 6-Feb Ephesians 6:1-4 7-Feb Romans 12:9-16	Week 21	16-May Acts 2:14-21, 37-41 17-May James 1:13-22 18-May Psalm 92 19-May John 1:14-18 20-May 1 John 2:24-3:3 21-May Matthew 6:25-34 22-May Ephesians 5:22-33	Week 22	23-May 2 Corinth 1:3-11 24-May Psalm 119:129-136 25-May Numbers 20:1-13 26-May 2 Peter 1:2-11 27-May Matthew 6:1-6 28-May Revelation 20:11-15 29-May Matthew 2:13-23	Week 31	25-Jul Matthew 6:16-18 26-Jul Mivah 6:6-8 27-Jul Colossians 1:15-23 28-Jul Eph 1:7-14, 2:8-9 29-Jul Luke 6:27-36 30-Jul John 14:1-7 31-Jul Joshua 1:1-9	Week 32	1-Aug Psalm 19 2-Aug Psalm 68 3-Aug Proverbs 16:1-9 4-Aug Ephesians 6:10-18 5-Aug Luke 7:34-38 6-Aug Psalm 77:11-20 7-Aug Exodus 18:13-27
Week 7	8-Feb Philippians 1:9-18 9-Feb 2 Corinthians 5:12-21 10-Feb Ephesians 4:29-32 11-Feb Psalm 46 12-Feb John 15:9-17 13-Feb Luke 2:21-39 14-Feb Leveticus 19:9-15	Week 8	15-Feb Matthew 3:1-12 16-Feb Philippians 1:1-11 17-Feb Galatians 6:1-10 18-Feb Psalm 50:7-15 19-Feb Acts 15:36-41 20-Feb Isaiah 49:13-18 21-Feb Job 12:7-13			Week 33	8-Aug Matthew 4:1-11 9-Aug Mark 9:2-13 10-Aug Jeremiah 18:1-10 11-Aug Jeremiah 7:1-11 12-Aug Isaiah 41:17-20 13-Aug Mark 6:30-44 14-Aug 1 Samuel 20:30-42	Week 34	15-Aug 2 Chronicles 6:1-11 16-Aug Mark 9:2-13 17-Aug 2 Cornith 6:3-10 18-Aug Colossians 1:1-2 19-Aug Luke 1:39-56 20-Aug 2 Timothy 4:1-8 21-Aug Luke 12:22-34		
Week 9	22-Feb Matthew 16:21-28 23-Feb Psalm 71:19-24 24-Feb Exodus 6:1-13 25-Feb 1 Peter 4:7-11 26-Feb John 2:12-25 27-Feb 2 Timothy 4:1-8 28-Feb 1 Corinthians 10:31-11:1	Week 10	29-Feb Mark 8:27-33 1-Mar 1 Thessalonians 4:13-18 2-Mar Revelation 5:1-12 3-Mar Psalm 19 4-Mar Philippians 2:1-4 5-Mar John 6:4-14 6-Mar Deutoronomy 8	Week 23	30-May Malachi 4:1-6 31-May Nahum 1 1-Jun 1 Timothy 4:10-16 2-Jun John 15:1-8 3-Jun 1 Peter 4:12-19 4-Jun Daniel 3:8-30 5-Jun Revelation 2:1-7	Week 24	6-Jun Psalm 13 7-Jun 1 Timothy 1:1, 12-17 8-Jun Revelation 19:1-10 9-Jun Philippians 4:2-7 10-Jun Ephesians 2:4-10 11-Jun Mark 2:23-28 12-Jun Isaiah 55:6-13	Week 35	22-Aug 2 Cor 11:22-12:10 23-Aug Psalm 119:97-104 24-Aug Philippians 2:1-11 25-Aug 2 Samuel 13:21-29 26-Aug Exodus 14:1-14 27-Aug Galatians 2:15-21 28-Aug Proverbs 2:1-9	Week 36	29-Aug 2Kings 22:8-23:3 30-Aug Psalm 139 31-Aug Luke 19:37-44 1-Sep 2 Timothy 4:9-18 2-Sep Genesis 1:26-31 3-Sep Ephesians 4:1-16 4-Sep Proverbs 1:1-9
Week 11	7-Mar Psalm 102:1-17 8-Mar Psalm 103:1-10 9-Mar Matthew 5:1-12 10-Mar 1 Kings 19:1-8 11-Mar Job 42:1-6 12-Mar Revelation 3:14-22 13-Mar Daniel 9:20-27	Week 12	14-Mar Luke 7:1-10 15-Mar Psalm 37:8-11 16-Mar 1 Corinthians 16:7-10 17-Mar Joshua 4 18-Mar Proverbs 16:20-30 19-Mar 1 Peter 1:1-9 20-Mar 1 Chronicles 16:7-10	Week 25	13-Jun Ephesians 6:1-4 14-Jun 1 Timothy 6:6-19 15-Jun Philippians 3:8-16 16-Jun Colosians 1:13-18 17-Jun Psalm 117 18-Jun Ruth 2:11-23 19-Jun Judges 6:11-23	Week 26	20-Jun John 15:26-16:1-5 21-Jun Job 2 22-Jun 2 Timothy 3:10-17 23-Jun Romans 8:31-39 24-Jun Philippians 2:25-30 25-Jun Hebrews 11:23-31 26-Jun Romans 5:1-5	Week 37	5-Sep Psalm 90:1-12 6-Sep Mark 4:26-32 7-Sep Hebrews 13:1-6 8-Sep Luke 4:14-30 9-Sep 2Corinthians 5:1-10 10-Sep Job 1:13-22 11-Sep Daniel 6:1-10	Week 38	12-Sep Matthew 11:25-30 13-Sep 1 Samuel 14:1-14 14-Sep Exodus 16:1-12 15-Sep 2 Kings 19:10-19 16-Sep Ecclesiastes 3:1-8 17-Sep 2 Peter 3:1-13 18-Sep Revelation 21:1-7
Week 13	21-Mar Luke 19:28-40 22-Mar John 21:3-17 23-Mar 2 Corinth 2:14-17 24-Mar Jeremiah 2:25-32 25-Mar Philippians 2:4-11 26-Mar Hebrews 2:10-18 27-Mar 1 Samuel 12:19-25	Week 14	28-Mar Luke 24:1-12 29-Mar 1 Corinth 15:1-11 30-Mar Acts 11:19-26 31-Mar 1 Corinti 11:27-29 1-Apr 2 Timothy 2:17 2-Apr Psalm 34:1-10 3-Apr 1 Corinth 3:1-1	Week 27	18-Apr 2 Samuel 12:1-23 19-Apr Judges 7:24-8:3 20-Apr Malachi 4:4-6 21-Apr John 14:1-10 22-Apr Hebrews 5:12-6:2 23-Apr Philippians 1:19-26 24-Apr Luke 19:1-10	Week 28	25-Apr Isaiah 5:1-9 26-Apr Proverbs 9:1-11 27-Apr John 12:1-8 28-Apr John 13:21-30 29-Apr Matthew 27:46-50 30-Apr Luke 24:1-12 1-May Mark 16:2-11	Week 39	19-Sep John 5:35-47 20-Sep Psalm 96:1-13 21-Sep Exodus 5:1-23 22-Sep 1 Corinti 3:5-15 23-Sep Deutoronomy 6:1-9 24-Sep 1 Peter 2:11-25 25-Sep Romans 11:33-12:2	Week 40	26-Sep Ephesians 2:11-22 27-Sep Amos 4:7-13 28-Sep Colossians 4:2-6 29-Sep Mark 1:35-45 30-Sep 2 Corinth 1:1-10 1-Oct Proverbs 6:6-11 2-Oct Colossians 1:13-14
Week 15	4-Apr Luke 1:26-38 5-Apr 2 Corinth 5:14-21 6-Apr Isaiah 46:1-9 7-Apr Revelation 22:1-7 8-Apr 1 Samuel 17:32-37 9-Apr Luke 11:29-45 10-Apr Luke 12:1-7	Week 16	11-Apr Psalm 139:13-18 12-Apr Isaiah 26:1-9 13-Apr Psalm 32 14-Apr Luke 12:22-1 15-Apr Psalm 67 16-Apr Ephesians 2:11-22 17-Apr Ephesians 5:17-21	Week 29	11-Jul 2 Corinth 5:12-21 12-Jul Jeremiah 5:21-31 13-Jul Ephesians 4:17-32 14-Jul Exodus 26:1-11 15-Jul Psalm 123 16-Jul Genesis 20:1-13 17-Jul Romans 12:9-21	Week 30	18-Jul 1 Corinth 15:51-57 19-Jul John 9:13-25 20-Jul Psalm 33:13-22 21-Jul 1 Peter 4:7-11 22-Jul Ecclesiastes 2:1-11 23-Jul Psalm 30:1-5 24-Jul Deutoron 10:12-22	Week 41	3-Oct Mattew 5:14-16 4-Oct John 13:31-35 5-Oct 1 Samuel 15:17-30 6-Oct James 4:1-10 7-Oct Psalms 103:1-14 8-Oct 1 Corinth 2:6-16 9-Oct Isaiah 40:25-31	Week 42	10-Oct Luke 10:38-42 11-Oct Deutron 11:13-23 12-Oct Romans 16:1-6 13-Oct 1 Corinth 12:14-26 14-Oct 2 Peter 1:1-11 15-Oct Ephesians 5:1-10 16-Oct Matthew 6:19-24

*"Now draw near and from this pure and sacred book in these God-inspired words, find sustenance for your soul"
St Gregory of Nazianzus"*

Daily Quiet Time 2016

<p>Week 43</p> <p>17-Oct Psalm 37:23-26 18-Oct Philemon 1:12-22 19-Oct 1 Thess 4:13-18 20-Oct John 10:7-15 21-Oct Jeremiah 20:7-13 22-Oct Esther 3:1-11, 7:1-10 23-Oct Acts 16:9-31</p>	<p>Week 44</p> <p>24-Oct Leviticus 19:11-18 25-Oct Psalm 131 26-Oct Matthew 22:34-39 27-Oct John 8:37-47 28-Oct John 1:6-13 29-Oct Psalm 119:9-16 30-Oct Proverbs 15:1-7</p>
<p>Week 45</p> <p>31-Oct John 4:1-15 1-Nov 2 Timothy 3:13-17 2-Nov John 14:19-27 3-Nov Revelation 1:9-17 4-Nov Philippians 3:8-17 5-Nov Romans 14:13-19 6-Nov Luke 2:22-38</p>	<p>Week 46</p> <p>7-Nov John 3:22-36 8-Nov Romans 8:31-39 9-Nov Exodus 15:22-27 10-Nov 1 Peter 3:8-17 11-Nov Lamentations 3:25-33 12-Nov Hebrews 5:12-6:2 13-Nov 1 John 2:18-27</p>
<p>Week 47</p> <p>14-Nov Matthew 4:18-22 15-Nov Acts 17:19-31 16-Nov Jonah 1 17-Nov Matthew 5:9-38-48 18-Nov Exodus 31:1-5 19-Nov Psalm 107:31-43 20-Nov Romans 5:1-11</p>	<p>Week 48</p> <p>21-Nov Philippians 2:12-18 22-Nov Psalm 42:1-11 23-Nov Deutr 4:32-40 24-Nov Psalm 86 25-Nov 1 John 1:1-10 26-Nov Exodus 20:1-17 27-Nov Romans 5:12-19</p>
<p>Week 49</p> <p>28-Nov 1 Peter 1:3-5, 13-21 29-Nov Psalm 145:8-21 30-Nov Luke 12:22-34 1-Dec Colossians 1:19-29 2-Dec 1 John 4:7-21 3-Dec Psalm 37:1-11 4-Dec 1 Corinth 11:23-24</p>	<p>Week 50</p> <p>5-Dec 1 Corinth 13:8-12 6-Dec 1 Kings 3:1-9 7-Dec Matthew 1:18-25 8-Dec Ecclesiastes 2:1-11 9-Dec Philippians 4:4-9 10-Dec John 6:25-41 11-Dec Colossians 3:12-17</p>
<p>Week 51</p> <p>12-Dec Romans 12:9-21 13-Dec Luke 15:11-24 14-Dec Isaiah 53 15-Dec Galatians 4:1-7 16-Dec Psalm 46:1-3 17-Dec Acts 20:22-32 18-Dec John 12:35-46</p>	<p>Week 52</p> <p>19-Dec Colossians 1:27-2:3 20-Dec Galatians 4:1-7 21-Dec 1 Corinth 15:50-58 22-Dec Luke 2:8-20 23-Dec Acts 19:23-41 24-Dec 2 Corinth 4:7-18 25-Dec Galatians 6:1-10</p>
<p>Week 53</p> <p>26-Dec Habakkuk 3:11-19 27-Dec Romans 12:1-8 28-Dec Psalm 40:1-5 29-Dec Matthew 22:34-40 30-Dec Isaiah 31:1-5 31-Dec Psalm 23</p>	



Coptic Fasts and Feasts 2016

The Holy Nativity Feast	January 7-8
The Circumcision Feast	January 15
The Holy Epiphany	January 20
Wedding of Cana of Galilee	January 22
Presentation of the Lord into the Temple	February 16
Jonah's (Nineveh) Fast	February 22-24
Jonah's (Nineveh) Feast	February 25
Holy Great Fast	March 7 – April 22
The Feast of the Cross	March 19
Annunciation Feast	April 7
Lazarus Saturday	April 23
Palm Sunday	April 24
Holy Pascha	April 25–27
Covenant Thursday	April 28
Good Friday	April 29
Glorious Feast of the Resurrection	May 1
Thomas' Sunday	May 8
Martyrdom of St. Mark the Evangelist	May 8
Entry of the Lord into Egypt	June 1
The Holy Feast of Ascension	June 9
The Holy Pentecost Feast	June 19
The Apostles' Fast	June 20 – July 11
The Apostles' Feast	July 12
St. Mary's Fast	August 7–21
Transfiguration Feast	August 19
Assumption of St. Mary's Body	August 22
Nayrouz Feast (Coptic New Year)	September 11
The Feast of the Cross (Three days)	September 27–29
The Holy Nativity Fast	November 25 – January 6

***"YOUR WORD IS A LAMP
UNTO MY FEET
AND A LIGHT
UNTO MY FEET"***

PS.119:105



**DAILY QUIET TIME
2016**

*"Now draw near and from this pure and sacred book in these God-inspired words, find sustenance for your soul"
St Gregory of Nazianzus"*